

**Ministry of Higher Education and Scientific Research  
Scientific Supervision and Scientific Evaluation Apparatus  
Directorate of Quality Assurance and Academic Accreditation  
Accreditation Department**



# **Academic Program and Course Description Guide**

**2024**

## form Academic program description

**Muthanna University-**

**Institute: College of Physical Education and Sports Sciences/ College**

**Single section section :scientific department**

**Name of the academic or professional program: Bachelor of Physical Education and Sports Sciences**

**Education and Sports Name of final degree: Bachelor of Physical Science**

**Academic system: annual**

**:Description preparation date : 14/4/2024**

**: filling date File 14/4/2024**

**Signature:**



**Scientific Associate Name:**

**Assist.prof.dr.Riyadh Hassan Saleh**

**Date:14/4/2024**

**The file is checked by:assist.teasch.Hawraa Abdul-elah Kadhum**

**Department of Quality Assurance and University Performance**

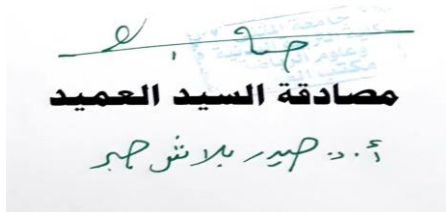
**Director of the Quality Assurance and University Performance Department:**

**Date: 14/4/2024**

**Signature:**



**Approval of the Dean**



**مصادقة السيد العميد**  
د. هادي بلاش هادي

### 1. See the program

Continuing to ensure that the college is a leader in excellence, creativity, and dissemination of knowledge in physical education and sports sciences locally, regionally, and globally

### 2. Program message

creativity, the , of sports sciences Developing knowledge in spirit of competition, and producing research that serves society . general and the sports community in particular

### 3. Program Goals

- 1- materials simulate students' sense of familiarity with Theoretical aspects of knowledge and how to apply them practically
- 2- Raising the cognitive values of academic subjects through practical application
- 3- Raising students' efficiency and teaching abilities in physical education lessons during application

Raising the emotional aspects of students by holding sports competitions and feeling responsible towards others

### 4. Program accreditation

both

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<b>5. Other external influences</b>
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<b>6. Program structure</b>				
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* comments	percentage	Study unit	of Number courses	Program structure
				Enterprise requirements
				College requirements
				Department requirements
				summer training
				Other

.Notes may include whether the course is core or elective \*

<b>7. Program description</b>
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Credit hours		Name of the course or course	Course or course code	Year/level
practical	theoretical			
----	2	Anatomy	SCTR 101	The first
----	2	History of education	SCTR 102	The first
----	2	the computer	MUR 103	The first
----	2	Arabic	MUR 105	The first
----	2	English	MUR 101	The first
----	2	Scout education	SCPR 153	The first
----	2	human rights	MUR 104	The first
----	2	Statistics	SCPR 252	the second
----	2	Testing and measurement	SCPR 254	the second
----	2	Training science	SCAR 209	the second
----	2	Biomechanics	SCAR 208	second the
----	2	English	MUR 201	the second
----	2	Teaching methods	SCPR 253	the second
----	2	Mathematical physiology	SCTR 301	Third
----	2	Motor learning	SCPR 352	Third
----	2	Teaching methods	SCPR 353	Third
----	2	Physical injuries and their rehabilitation	SCPR 351	Third
----	2	Research	SCPR 354	Third
----	2	English	MUR 301	Third
----	2	Sports psychology	SCTR 402	Fourth
----	2	Training science	SCAR 407	Fourth
----	2	Management and Organization	SCPR 453	Fourth
----	2	The sport of properties	SCPR 451	Fourth
----	2	English	MUR 401	Fourth

## 8. Expected learning outcomes of the programme

<b>Knowledge</b>	
1 Statement of learning outcomes	1 Learning outcomes
<b>Skills</b>	
2 Statement of learning outcomes	2 Learning outcomes
3 Statement of learning outcomes	3 Learning outcomes
<b>Value</b>	
4 Statement of learning outcomes	4 Learning outcomes
5 Statement of learning outcomes	5 Learning outcomes

### 9. Teaching and learning strategies

- 1- curricula for all Theoretical explanation and practical application of stages
- 2- Conducting field visits to students during the application stage by their supervisors
- 3- Following up on students during the period of conducting their graduation research as well as scientific reports
- 4- students while holding scout camps, Field and direct education for sports festivals, and art exhibitions

Using various means of illustration (shapes, models, models, pictures, electronic presentation tools)

### 10. Evaluation methods

- 1- scientific research Exams in all their forms, as well as reports and
  - 2- Field observation through visits to students during the evaluation phase
  - 3- Students are evaluated during the application period by the school administration, in addition to the evaluation of the subject teacher students' graduation research
- Discussing and evaluating s

### 11. education institution

<b>Faculty members</b>						
<b>Preparing the teaching staff</b>		<b>Special requirements/skills (if any)</b>		<b>Specialization</b>		<b>Scientific rank</b>
<b>lecturer</b>	<b>angel</b>			<b>private</b>	<b>general</b>	
nothing	11				Physical Education	Mr
nothing	12				Physical Education	Professor Assistant
nothing	4				Physical Education	Teacher
nothing	20				Physical Education	assistant teacher

### **Professional development**

#### **Orienting new faculty members**

#### **Professional development for faculty members**

- 1- lectures for courses for all levels Theoretical**
- 2- Practical application for courses that require practical application**
- 3- Using modern presentation and teaching methods**
- 4- Organizing festivals, exhibitions and courses**

### **12. Acceptance standard**

- 1- study in its scientific and literary Special admission for preparatory streams**
- 2- Special admission for champion athletes who graduate from the above two studies**
- 3- Special admission for graduates of the first teachers' institutes, Department of Physical Education**
- 4- Ministry of Education's nomination form Acceptance is based on the for sports teachers**

### **13. The most important sources of information about the program**

- 1 – Methodical books
- 2 – Helping books
- 3 – International Information Network, the Internet
- 4 – exhibitions, festivals and tournaments ,Extracurricular activities
- 5 – Theses, dissertations and published research
- 6 – The Iraqi Scientific Virtual Library

#### 14. Program development plan

- 1 – Providing students with the possibility of intellectual knowledge in basic and supporting sports sciences theoretical sciences
- 2 – Providing students with the ability to lead the physical education lesson in the optimal manner
- 3 – Bringing students to advanced stages in the spirit of love, tolerance, patriotism, and teamwork
- 4 – educators capable of leading, organizing and managing Creating educational sports and scouting competitions



### Curriculum skills chart

**individual learning outcomes from the program being assessed Please tick the boxes corresponding to the**

Learning outcomes required from the programme																Essential or ?optional	Course Name	Course Code	<b>Year/level</b>
qualifying General and transferable skills (other skills related to employability and (personal development				Emotional and value goals				Skills objectives of the program				Cognitive goals							
4	D3	D2	D1	εC	rc	C 2	γC	εB	rcB	γB	B 1	εA	rcA	γA	γA				
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	Anatomy	SCTR 101	<b>The first</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	History of education	SCTR 102	<b>The first</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	the computer	MUR 103	<b>The first</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	Arabic	MUR 105	<b>The first</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	English	MUR 101	<b>The first</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	Scout education	SCPR 153	<b>The first</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	human rights	MUR 104	<b>The first</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	Statistics	SCPR 252	<b>the</b>

																			<b>second</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	Testing and measurement	SCPR 254	<b>the second</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	Training science	SCAR 209	<b>the second</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	Biomechanics	SCAR 208	<b>the second</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	English	MUR 201	<b>the second</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	Teaching methods	SCPR 253	<b>the second</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	Mathematical physiology	SCTR 301	<b>Third</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	Motor learning	SCPR 352	<b>Third</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	Teaching methods	SCPR 353	<b>Third</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	Physical injuries and their rehabilitation	SCPR 351	<b>Third</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	Research	SCPR 354	<b>Third</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	English	MUR 301	<b>Third</b>

Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	Sports psychology	SCTR 402	<b>Fourth</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	Training science	SCAR 407	<b>Fourth</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	Management and Organization	SCPR 453	<b>Fourth</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	The sport of properties	SCPR 451	<b>Fourth</b>
Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Ω	Basic	English	MUR 401	<b>Fourth</b>

## Course description template n

<b>1. Course Name</b>	
management Sports	
<b>2. Code Course</b>	
<b>3. year /Semester</b>	
First and second semester2023/2024	
<b>4. ٢٠٢٤/٥/٢is description was prepared The date this</b>	
5/2/2024	
<b>5. Available attendance forms .A</b>	
My attendance to the students	
<b>6. (total)/number of units (total) Number of study hours</b>	
60/hours 30units	
<b>7. if more than one name is ) Name of the course administrator (mentioned</b>	
Prof. Dr. Khaled Aswad Laykh :Name : email , Prof. Dr. Imad Aziz NashmiKhalid-swd@mu.edu.iq	
<b>8. objectives Course</b>	
<ul style="list-style-type: none"> <li>• Teaching students the foundation and principles of sports management</li> <li>• Enabling students to organize and manage sports tournaments</li> </ul> <p>Understanding the role of sports institutions as educational institutions in society and the sports industry environment understanding locally and abroad</p> <p>Able to develop solutions to administrative problems in the sports institution *</p>	<p><b>of the study subject Objectives</b></p>
<b>9. Teaching and learning strategies</b>	
<p>Lecture, recitation, discussion and interrogation Brainstorming method Using modern presentation and teaching methods</p>	<p><b>The strategy</b></p>

10. Course structure

Evaluation method	Learning method	Name of the unit or topic	Required learning outcomes	hours	the week
Daily exam Oral exam Assignment grades Home	Lecture + discussion	The concept of management, theories of management science	Providing students with administrative concepts in the sports field	2 hours	30 weeks
	+ Lecture discussion	Traditional management and modern management	Active participation in professional gatherings, local and national physical education and in the field of Broader educational.		
	Lecture + discussion	educational administration and Educational administration	Leading individuals to achieve desired goals		
	Lecture + discussion	administration and its types	Managing and organizing competitions in Sports		
	Lecture + discussion	The role of administration in developing the curriculum			
	Lecture + discussion	Qualifications of the teacher and supervisor			
	Lecture + discussion	Total Quality Management			
	Lecture + discussion	Total quality management in education			
	Lecture + discussion	The concept of planning, its nature and objectives			
	Lecture + discussion	Types of planning and its foundations			
	Lecture + discussion	Planning stages and obstacles			
	Lecture + discussion	Advantages and factors affecting the plan			
	+ Lecture discussion	Planning in sports			
	Lecture + discussion	Planning sports programs			
Lecture + discussion	Planning, plan and its elements				
Lecture +	Planning in sports				

	discussion Lecture + discussion  Lecture + discussion  Lecture + discussion	training Characteristics and steps of training Exam  Managing and organizing tournaments  Individual withdrawal  Double drop draw  Double drop draw Organization, its foundations and steps Principles of organization Organization in sports work  Leadership in sports work Leadership theories  Indoor and outdoor sports activity Decision making in sports action Oversight in sports work			
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### 11. t Headquarters evaluation

the tasks assigned to the student, according to \ . . Distribution of the grade out of .such as daily preparation, daily, oral, monthly, written exams, reports, etc

### 12. Learning and teaching resources

	Required textbooc (methodology, if any)
work Administrative organization in sports Rubaie-Prof. Dr. Mahmoud Al2010  Managing and organizing sports raffles Saadawi-Prof. Dr. Mohsen Ali Al 2013	(Main references (sources
	Recommended supporting books and

	references (scientific (...journals, reports
	Electronic references, Intern sites

## Course description form

13. Course Name					
<b>Sports psychology</b>					
14. Code Course					
15. 2 year /Semester					
16. is description was prepared The date this					
5/2/2024					
17. Available attendance forms .A					
My attendance to the students					
18. (hours (total)/number of units (total Number of study					
30/hours 60units					
19. if more than one ) Name of the course administrator (name is mentioned					
Prof. Dr. Auras Nima Hassan					
20. objectives Course					
achieve The course aims for the student to of the following objectives %\at least 1 Development events in the student's - entity 2 That the student is able to understand - the basic concepts of the theoretical subject 3 That the student learns all the - e psychological aspects related to th entrepreneur 4 Emphasis on the psychological and - educational factor in the sports field				<b>Objectives of the study subject</b>	
21. Teaching and learning strategies					
1 - The psychological aspect of the athlete- 2 - The social aspect of the athlete -					<b>The strategy</b>
22. Course structure					
Evaluation method	Learning method	Name of the unit or topic	Required learning outcomes	hours	the week



<p>Daily exam Oral exam Assignment grades Home</p>	Lecture + discussion	A preliminary overview of the history of psychology		<p>2 hours 30 weeks</p>
	Lecture + discussion	The emergence of sports psychology		
	Lecture + discussion	Psychology tasks		
	Lecture + discussion	Educational processes		
	+ Lecture discussion	-reinforcement ) -remembering . (forgetting		
	Lecture + discussion	Dividing exercise intellectual -times exercise		
	Lecture + discussion	Specificity in motor learning		
	Lecture + discussion	Personality (its components -concept . (theories -		
	Lecture + discussion	The effect of physical education lesson on personality formation		
	Lecture + discussion	role of sports The in personality development		
	Lecture + discussion	Motives for sports activity (incentives . (needs -motives -		
	Lecture + discussion	The relationship between motivation and activity		
	Lecture + discussion	Individual		

		<p>motivations and -social motivations development of motivations and desires</p> <p>Psychological orientation its -understood ) components</p> <p>-Types of trends -changing trends measuring the trend</p> <p>Mental processes in sports activity</p>			
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### 23. Course evaluation

according to the tasks assigned to the student, Distribution of the grade out of  
.monthly, written exams, reports, etc ,such as daily preparation, daily, oral

### 24. Learning and teaching resources

<p>Sports Psychology in Physical Education (Kameel (Taha Lewis -Beginner Sports Psychology (Nizar Majeed A (Taleb</p>	<p>Required textbooks (methodology (if any</p>
	<p>(Main references (sources</p>
<p>Educational Sports Psychology (Mohamed Hassan (Allawi Psychology in training and modern sports (competitions (Raysan Khuraibet and others Jassam Arab, Sports Psychology (Mohammed (Hussein Ali Kazem</p>	<p>Recommended supporting books and references (....scientific journals, reports)</p>
	<p>Electronic references, Internet sites</p>

## Course description form

1. Course Name					
<b>Science of sports training</b>					
2. Code Course					
3. year /Semester <b>3 &amp; 4</b>					
4. is description was prepared The date this					
5/2/2024					
5. Available attendance forms .A					
My attendance to the students					
6. (Number of study hours (total)/number of units (total					
30/hours 60units					
7. if more than one name is ) Name of the course administrator (mentioned					
Jabr / Prof. Dr. Khaled Odeh Kashish Prof. Dr. Haider Balash					
8. objectives Course					
Preparing students in a scientific and educational manner that qualifies them to become professors and .methodological researchers in general			Objectives of the study subject		
students to the importance of sports training			Introducing training		
9. Teaching and learning strategies					
Definition of sports training, the concept of sports training, training aspect, the cognitive aspect, training rules, training load, physical fitness, the principles, forms of training characteristic of strength, the characteristic of speed, the characteristic of endurance, the characteristic of endurance .methods of sports training					The strategy
10. Course structure					
Evaluation method	Learning method	or Name of the unit topic	Required learning outcomes	hours	the week
Daily exam Oral exam Assignment grades Home	Lecture + discussion  + Lecture discussion	Introduction and definition of sports training The first stages of sports training		3 hours	the first the second the third the fourth

Lecture + discussion	The second stages of sports training			Fifth
Lecture + discussion	Principles of sports training			VI
Lecture + discussion	Educational principles			Seventh
Lecture + discussion	Educational principles			VIII
Lecture + discussion	Components of the training load			Ninth
Lecture + discussion	Training volume			The tenth
Lecture + discussion	Training intensity			eleven
Lecture + discussion	Load intensity			twelfth
Lecture + discussion	Overload			thirteen
Lecture + discussion	Causes and symptoms of overload			Fourteenth
Lecture + discussion	Methods of treating overload			Fifteenth
Lecture + discussion	First month exam			Sixteen
Lecture + discussion	Sports training rules			seventeen
Lecture + discussion	Fitness			eighteen
Lecture + discussion	Fitness elements			nineteen
Lecture + discussion	Strength element			twenty
Lecture + discussion	Speed element			twenty or
Lecture + discussion	Endurance element			twenty tw
Lecture + discussion	The characteristic of agility			three
Lecture + discussion	The characteristic of flexibility			four twer
Lecture + discussion	Sports training methods			-Twenty
Lecture + discussion	Continuous training method			five
Lecture + discussion	Repetitive training method			six-Twen
Lecture + discussion	Interval training method			-Twenty
Lecture + discussion	Second month exam			seven
Lecture + discussion	final exams			-Twenty
				eight

### 11. Course evaluation

points for each (10) will be conducted in each semester. An exam Students are assigned to memorize and write the answer. (semester professor of the subject that will to a set of questions directed by the be explained in the lecture by reading them at home. This assignment is considered obligatory and carries an evaluation score points. These assignments are collected and divided by their (10) of marks, and then a quick exam is (10) is number so that the result minutes before the lecture (10) taken that does not take more than marks, as these exams (10) begins. It also has an evaluation score of (10) are collected and divided by their number to be The result is .marks

### 12. Learning and teaching resources

Sports training: Prof. Dr. Nawal Mah Required textbooks (methodology,

-Prof. Dr. Fatima Abdel -Obaidi Prof. Asmaa Hamid Kamish -Maliki	(any
	(Main references (sources
	Recommended supporting books scientific journals, ) and references (....reports
	Electronic references, Internet sites

### Course description form

13.	Course Name	
		soccer
14.	Code Course	
15.	year /Semester	
16.	is description was prepared The date this	
		5/2/2024
17.	Available attendance forms .A	
	My attendance to the students	
18.	(Number of study hours (total)/number of units (total	
	30/hours 60units	
19.	if more than one ) Name of the course administrator (name is mentioned	
	Prof. Dr. Khaled Odeh Kashish	
20.	objectives Course	
	Preparing students in a scientific and educational manner that qualifies them to beco professors and methodological researchers .general	Objectives of the study subject
	Introducing students to the football law –	
21.	Teaching and learning strategies	

A quick review of the most important amendments to the football law, training units, youth training, physical and skill tests. **The strategy**

**22. Course structure**

<b>Evaluation method</b>	<b>Learning method</b>	<b>Name of the unit or topic</b>	<b>Required learning outcomes</b>	<b>hours</b>	<b>the week</b>
Daily exam Oral exam Assignment grades Home	Lecture + discussion  Lecture + discussion  Lecture + discussion  Lecture + discussion  Lecture + discussion  Lecture + discussion  Lecture + discussion  + Lecture discussion  Lecture + discussion  Lecture + discussion  Lecture + discussion  Lecture + discussion	Amending the football law Playing formations Physical tests Tests and skills Strength test Speed test Endurance test Agility and flexibility test Rolling test Scroll test Extinction test Scoring test Theoretical exam Practical exam Training juniors in football Training methods in football Funny circuit training in football Repetitive training method Continuous training method Interval training method Analysis of matches in football Oxygen training in football Oxygen training in football Match management in football  Practical exam Theoretical exam		2 hours	the first the second the third the fourth Fifth VI Seventh VIII Ninth The tenth eleven twelfth thirteen Fourteenth Fifteenth Sixteen seventeen eighteen nineteen twenty twenty one twenty two twenty three twenty four five-Twenty six-Twenty -Twenty seven seven -Twenty eight eight

**23. Course evaluation**

marks for each semester, divided (٧٥)An exam will be conducted in each semester with theoretical exam marks in each semester. In the (١٠)practical exam marks and (١٥)into end, the two semesters are combined to find out the final grade or what is called the . degree (٥٠)annual quest of

24. Learning and teaching resources	
-Football book: Qasim Zuhair Khashab	(Required textbooks (methodology, if any))
	(Main references (sources))
	Recommended supporting books and references (scientific journals, (...reports))
	Electronic references, Internet sites

## Course description form

1. Course Name					
Arena and field					
2. Code Course					
3. year /Semester					
4. is description was prepared The date this					
5/2/2024					
5. Available attendance forms .A					
My attendance to the students					
6. (total)/number of units (total) Number of study hours					
30/hours 60units					
7. if more than one name is ) Name of the course administrator (mentioned)					
Prof. Dr. Wissam Shalal Muhammad					
8. objectives Course					
the heptathlon Teaching law and artistic performance of (m 100) events for female students, which are 100m, weight push, broad jump, steeplechase, high jump, 100m), and the decathlon events for male students (m 100) jump, javelin throw, 100m, broad jump, weight push, high jump, 100m) male students and 100m wing. Discus, pole vault, steeplechase, throw 100m, 400m jump (m 100) vault, javelin throw,			Objectives of the study subject		
9. Teaching and learning strategies					
Implementing the curriculum previously decided by college councils					The strategy
10. Course structure					
Evaluation method	Learning method	Name of the unit or topic	Required learning outcomes	hours	the week
Daily exam Oral exam Assignment grades Home	Lecture + discussion  Lecture + discussion  Lecture +	100 meter - 100A steeplechase event for male students and 100 meter - 100a steeplechase event for female students  Preparatory exercises		2 hours	the first the second the third the fourth Fifth VI



	discussion	and assistance for m steeplechase \)\.the event for male			Seventh
	Lecture + discussion	m \)\.the students and steeplechase event for female students			VIII
	Lecture + discussion	Preparatory and basic exercises for the m steeplechase \)\.			Ninth
	Lecture + discussion	m \)\.students and steeplechase event for female students			The tenth
	Lecture + discussion	The effectiveness of pushing the weight			eleven
	Lecture + discussion	Preparatory, basic and effective ercises to push the ex weight			twelfth
	Lecture + discussion	Practical exam for m \)\.-m)\).			thirteen
	Lecture + discussion	steeplechase and weight pushing events			Fourteen
	Lecture + discussion	Javelin throwing event, students, technical stages, measurements, errors			Fifteenth
	Lecture + discussion	Preparatory and basic exercises for effective javelin throwing m event for \)\.\.\.			Sixteen
	Lecture + discussion	nts + tabletop stude exercises Preparatory and basic exercises for the m event \)\.\.\.			seventee
		Practical exam High jumping event			eighteen
		Preparatory, basic and auxiliary exercises for effective high jumping Pole vault event Strength exercises			nineteen
		Preparatory and basic s for the exercise pole vault event Practical test for -triple jump event pole vault Stretching exercises			twenty
					twenty o
					twenty t
					twenty
					three
					twenty
					four
					-Twenty
					five
					six-Twe
					-Twenty
					seven
					-Twenty
					eight

		Preparatory and basic m...exercises for m)...and  Practical exam Strength endurance exercises			
<b>11. Course evaluation</b>					
١٠and practical ١٠The first semester, theoretical ١٠and practical ١٠The second semester, theoretical ٣٠and the practical is ٢٠year exam is -of-The theoretical end					
<b>12. teaching resources Learning and</b>					
-Air and field games events international laws for events Dr. Hussein Dr. Amer Fakher -Ali -Ali Al			Required textbooks (methodology, (any		
			(Main references (sources		
			Recommended supporting books and references (scientific (...journals, reports		
			Electronic references, Internet sites		

### Course description form

<b>13. Course Name</b>
<b>basketball</b>
<b>14. Code Course</b>
<b>15. year /Semester</b>
<b>16. is description was prepared The date this</b>
5/2/2024
<b>17. Available attendance forms .A</b>
My attendance to the students
<b>18. (Number of study hours (total)/number of units (total</b>
30/hours 60units
<b>19. if more than one ) Name of the course administrator (name is mentioned</b>
Prof. Ahmed Karim Latif



		<p>and ٢:١:٢methods. ١:٢:٢</p> <p>The first semester exam is theoretical , (minutes ١٥) explaining and -١١)applying Articles of the (١٥ International Law of .the Game</p> <p>Theoretical exam for the subject Explaining and man -to-applying man defense and mixed .defense methods Explanation and application of mixed .defense methods Explanation and lication of app of (٢٠-١١)Articles the International Law -١of the Game Explanation and application of of (٢٥-٢١)Articles the International Law .of the Game Explanation and application of of (٢٠-٢١)Articles the International Law of the Game</p> <p>Explanation and application of of (٢٥-٢١)Articles the International Law of the Game explanation and -Re application of of (٤٠-٢٦)Articles the International Law of the Game Explanation and application of of (٤٥-٤١)Articles the International Law .of the Game lidayHalf year ho Simple repetition of previous skills Explanation and application of of (٥٠-٤٦)Articles the International Law .of the Game</p> <p>A lecture on the modern science of basketball training</p>			<p>seven -Twenty eight</p>
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		<p>A lecture explaining the tasks that referees perform during the match in the computer laboratory, using educational films issued by the International Federation of the .Game</p> <p>١٥)Theoretical exam minutes), explaining the mechanism of planning a basketball .court</p> <p>Lectures to explain the registration form and the duties of the .gistrarre</p> <p>Lectures to explain the registration form and the duties of the .registrar</p> <p>Explanation and application of some rapid attack methods</p> <p>Lectures on the philosophy of law, amendments to the law, and the reasons for .those amendments</p> <p>Playing with eingrefere</p> <p>Practical exam</p> <p>Theoretical exam</p>			
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### 23. Course evaluation

Semester

The first semester, the second semester, the pursuit degree, the final practical the final exam exam, and

Theoretical

%٢٥ %٢٠ %٣٠ %٥٠ %٢٥

### 24. Learning and teaching resources

International basketball law + basic ski book	Required textbooks (methodolog (any if
	(Main references (sources
(Basketball (Fayez Bashir Hammouda	Recommended supporting books and references (...journals, reports scientific)
	Electronic references, Internet si

25. Course Name					
boxing					
26. Code Course					
27. year /Semester					
28. is description was prepared The date this					
5/2/2024					
29. Available attendance forms .A					
My attendance to the students					
30. (Number of study hours (total)/number of units (total					
30/hours 60units					
31. if more than one ) Name of the course administrator (name is mentioned					
Prof. Dr. Haider Muhammad Jassim					
32. objectives Course					
Skillful, physical and technical preparation according to the rules and laws of boxing			Objectives of the study subject		
33. Teaching and learning strategies					
Basic boxing skills and modern boxing training methods, and rules of boxing addition to studying the law				The strategy	
34. Course structure					
Evaluation method	Learning method	Name of the unit or topic	Required learning outcomes	hours	the week
exam Daily Oral exam Assignment grades Home	Lecture + discussion  Lecture + discussion  +Lecture discussion  Lecture + discussion	General physical preparation, boxing exercises, small games  Teaching fist position and ready stance  Review the ready stance while teaching the steps forward and backward  A straight punch left with stability and movement, directed at		2 hours	the first the second the third the fourth Fifth VI Seventh VIII Ninth The tenth

	Lecture + discussion	the head and torso The right straight punch of stability and movement,			eleven
	Lecture + discussion	directed at the head and torso			twelfth
	Lecture + discussion	h to Left hook punch to the head and torso			thirteen
	Lecture + discussion	Right hook punch to the head and torso			Fourteen
	Lecture + discussion	Left upward punch directed at the head and torso			Fifteenth
	Lecture + discussion	Right upward punch directed at the head and torso			Sixteen
	Lecture + discussion	Types of defensive methods (deletion, blocking, shuffling, leaning with the e torso, dragging th			seventeen
	Lecture + discussion	feet Defensive methods against a straight left punch to the head and torso			eighteen
	Lecture + discussion	Defensive methods against straight punches, right and left, to the head and torso			nineteen
	Lecture + discussion	Defensive methods against the left side of the head and torso			twenty
	Lecture + discussion	Defensive methods side against a right s punch to the head and torso			twenty o
	Lecture + discussion	Defensive methods against the left upward punch to the head and torso			twenty t
	Lecture + discussion	Defensive methods against an upward right punch to the head and torso			twenty
	Lecture + discussion	Linking punches to defensive techniques			three
	Lecture + discussion	Punching methods from short, medium and distances long			twenty
	Lecture + discussion	Use and application in the ring for punching combinations and defensive techniques			four
	Lecture + discussion	Conditional punching with colleague			-Twenty
	Lecture + discussion	Conditional punching with expanded use of technical skills and defensive methods			five
	Lecture + discussion				six-Twen
	Lecture + discussion				-Twenty
	Lecture + discussion				seven
	Lecture + discussion				-Twenty
	Lecture + discussion				eight

		<p>Tactical applications on how to play with short and tall boxers</p> <p>The method of refereeing, the movement of the referees around the ring, and how to give warnings</p> <p>The duties of the ring referee before and during fights and the practical application of performing duties in the ring</p> <p>How to score and collect points and give the results after the fight ends</p> <p>practices of the -Re fight process with a colleague and free play under the supervision of a midfield referee and judges</p> <p>teaching the -Re methods of awarding points and explaining the arbitration card</p> <p>Training on the movement mechanics of midfield referees</p> <p>Fantasy boxing apps</p> <p>Developmental exercises for performing punches</p> <p>Developmental exercises for defensive punching performance</p> <p>Counter punches and reaction speed for boxers</p> <p>Repeating previous exercises training with friendly bouts in the presence of a middle referee and student judges</p> <p>Practical and applied exercises on equipment and tools (boxing bag, rope, ) medicine balls, (moving balls</p>			
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**35. Course evaluation**

Semester  
The first semester, the second semester, the pursuit degree, the final practical



exam, and the final exam  
 Theoretical  
 %٢٥ %٢٠ %٣٠ %٥٠ %٢٥

36. Learning and teaching resources

<b>Basic principles of boxing</b>	textbooks (methodology, if Required) (any
	(Main references (sources
<b>Boxing reference</b>	Recommended supporting books and references (scientific (...journals, reports
	Electronic references, Internet site

